

Susquehanna Valley Football Team Camps Schedule

Note: All campers must bring their own sleeping bags or linens and pillows. The college DOES NOT PROVIDE these items. All campers must put down a \$50.00 cash security deposit at check-in. If there are no damages the \$50.00 will be returned at checkout. Coaches, you can write one check for the team and if there is NO DAMAGE I will return it to you at check-out.

Day #1

8:00-11:00	Camp Registration
11:15	Mandatory Head Coaches Meeting
11:45	Lunch
1:00-3:00	Team Practice Time
3:30-4:30	Schedule 7 on 7, O-Line Practice
5:00	Dinner
6:30-7:30	Team Practice Time
7:30-8:30	Schedule 7 on 7
11:00	Lights Out! – No one is allowed outside their room after 11:00 p.m.

Day #2

7:00 A.M.	Breakfast
8:15-9:30	Team Practice Time
9:30 – 10:30	Schedule 7 on 7, O-Line Practice
10:50 – 11:50	Team 11 on 11, Pass Skell.
12:00	Lunch
2:00 – 3:15	Team Practice Time
3:30 – 4:30	Team 11 on 11, Run and Pass
5:00	Dinner
6:30 – 8:30	Optional Coaches Choice- Team Practice, 11 on 11, Pass Skel.
11:00	Lights Out!

Day #3

7:00 A.M.	Breakfast
8:15-9:30	Team Practice Time
9:30 – 10:30	Schedule 7 on 7, O-Line Practice
10:50 – 11:50	Team 11 on 11, Pass Skell.
12:00	Lunch
2:00 – 3:15	Team Practice Time
3:30 – 4:30	Team 11 on 11, Run and Pass
5:00	Dinner
6:30 – 8:00	Team Practice Time
8:30	Check out of dorms after practice

IMPORTANT: Damage to a player's room will be deducted from their security deposit. Also, if a fire alarm is pulled, everyone on the hall floor will lose their deposit unless we catch the person who did it.

If you plan to checkout early, please contact Jim Cantafio with your exact checkout time.

Reminders:

1. Helmets can be used at camp. If both teams scheduled for interaction have their helmets use them.
2. Bring your own shields and bags for practice.

3. Bring your own water coolers. Water will be available on the fields.
4. The 3:30 – 4:30 session is a team session. 11 on 11 Pass Skel – You can mix in run.
5. Evening practice can be an 11 on 11 drill run game your choice.
6. Coaches, you can stay on the fields as long as you want. You must be on time for all scheduled 7 on 7's.